

### TOMORROW STARTS TODAY

#### Dear Friends,

I'm writing this letter at a time of great change in our country and our city. With change often comes uncertainty—uncertainty that makes creating stable, nurturing environments for children even more challenging. Regardless of any particular policy or action, our mission remains steadfast: to bring compassionate and innovative social-emotional and mental health services to children in need and to the adults who care for them.

This past year, we expanded our reach and deepened our impact. We served over 3,100 children, supported 288 parents, and partnered with 217 educators in 24 schools across 15 neighborhoods. Through our integration model, we embedded mental health services directly into schools, ensuring these essential resources are readily accessible where children spend most of their day.

Our work doesn't stop at the classroom doors. With the addition of two New Light Clinics—and plans for a third in North Lawndale—we're expanding care to more people. The clinics provide therapy and support for children, families, and educators, complementing our school-based programs and reinforcing our holistic approach to addressing the mental health needs of Chicago's children. While we do not know who these young talents will be when they grow up, we want—and need—each and every one of them to be their very best.

As we move forward, our intention is clear—place resources where they are needed most and respond to the unique needs of the communities we serve. I hope you enjoy learning more about our work, and thank you for being ALL IN FOR KIDS!

Warmly, Karen G. Foley President and CEO

### PLAN FOR THE FUTURE

At JPA, we believe all kids are our kids. And we're making sure Chicago's kids have the support they need to thrive by making mental and emotional health resources available in every school, home, and community.

We recently updated our mission and vision statements to better reflect this belief. Our new vision and mission highlight our dedication to responding to the dynamic needs of the children and families we support, as well as our unwavering resolve to make a meaningful impact.

#### **OUR MISSION:**

The mission of JPA is to bring compassionate, innovative mental health resources directly to children in need and the adults who support them.

#### **OUR VISION:**

No child ever has to struggle alone.



## DEEPENING OUR VALUES

JPA is a Champion for:

#### **GROWTH**

We consider new ideas and reflect on past actions with curiosity and an open mind.

#### **LEADERSHIP**

It is our obligation to share what we know to help children and those who support them.

#### **RESPECT**

Relationships built on empathy, connection and understanding are effective tools for lasting change.

#### **ACTION**

We strive to see systemic injustice clearly so we can better advocate for all.

#### **COMMUNITY**

Chicago's kids deserve the best minds working in tandem to protect, support and serve them.



"Our partnership with JPA is truly the cornerstone of the mental health support provided to our student population."

— Catherine B. Martin, PhD, LCSW, Principal, Charles Sumner Math & Science Academy

### RISING TOGETHER















"I do not have the words to accurately convey how satisfied I am with the services I received from my C2K Consultant. She not only helped me grow as a teacher, she also helped me during some very traumatic personal issues that had occurred last year. She is truly a gifted and overall amazing counselor."

— C2K Teacher at AIM

## 95% of teachers

reported better student/teacher relationships as a result of JPA's Connect to Kids (C2K) teacher consultation program

## 93% of teachers

reported that C2K had a positive impact on their classroom environment

## 98% of teachers

reported that C2K helped them better understand and respond to students' challenging behaviors

## 64% of children

in individual therapy showed substantial improvement as rated by their therapist

"The team is dedicated to students' well-being. Their care and compassion is greatly appreciated by myself and students."

— Educator at Kellman

## 87% of teachers

reported that C2K reduced their job-related stress

93% of parents

were supportive of their child receiving treatment

### 98% of educators

reported that JPA had a positive impact on the overall school environment

#### **OUR SCHOOLS**

- Ira F Aldridge Elementary School
- Art in Motion (AIM) Charter School
- Daniel R Cameron Elementary School
- George Washington Carver Primary School
- CICS Prairie
- CICS West Belden
- Robert Nathaniel Dett Elementary School
- Erie Elementary Charter School
- Franklin Elementary Fine Arts Center
- Dorothy Gautreaux Child Development Center
- Johann W von Goethe Elementary School
- Horace Greeley Elementary School
- Joseph Kellman Corporate Community Elementary School
- Lawndale Elementary Community Academy
- Legacy Charter School
- George Manierre Elementary School
- Roswell B Mason Elementary School
- Sharon Christa McAuliffe Elementary School
- Cyrus H McCormick Elementary School
- Polaris Charter Academy
- Frank W Reilly Elementary School
- Charles Sumner Math & Science Community Academy
- Daniel Webster Elementary School
- Wendell Smith Elementary School

"JPA has had a great impact on my scholars. They are always there at the right times when scholars need them most." — Educator at Legacy

#### **OUR NEIGHBORHOODS**

Altgeld-Riverdale

Avondale

Belmont Cragin

Hermosa

Humboldt Park

Lakeview

Little Village

Logan Square

· Near West Side

North Lawndale

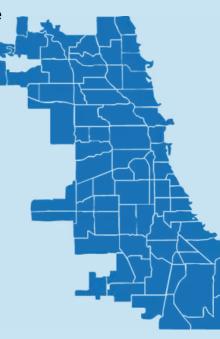
Old Town

Pullman

Roseland

South Shore

West Town





## THE PEOPLE WE'RE SERVING















## WHAT YOUR SUPPORT IS BUILDING

#### **WeROCK**

JPA's volunteer program, WeROCK (We Reach Out to Chicago's Kids), successfully relaunched at the end of the 2023-2024 school year after a pause due to the COVID-19 pandemic. The program engages corporate volunteers who lead enriching and meaningful activities with students in partner schools.

Our heartfelt thanks to those who have participated in the WeROCK program:

- Arete Renovators
- Box
- CME Group
- Deloitte
- Equity Commonwealth
- · For Christmas Sake
- JPA's Board of Directors, Associate Board, and Junior Board
- LinkedIn
- UBS
- Wintrust

"It was so enjoyable and special to see how happy the kids were. Kids at my table were saying it was the best day ever."

— WeROCK Volunteer





#### **GRANDPARENT CIRCLE**

JPA's Grandparent Circle demonstrates the transformative power of intergenerational relationships, creating meaningful connections that support the mental health and well-being of middle school girls. Led by mental health specialist and JPA's Grandparent Coordinator, Erinn Boone, LCPC, NCC, the program operates in three schools on Chicago's South and West Sides, providing a safe and nurturing space where young girls can openly express themselves, form bonds, and engage in honest conversations with caring volunteer "Grandmothers." These trusted elders guide discussions on critical topics like self-esteem, bullying, and emotional resilience, equipping participants with the tools they need to navigate the complex challenges of adolescence. Through these intergenerational dialogues, the **Grandparent Circle not only fosters** understanding and emotional growth but also helps to build a foundation for brighter futures.

#### **NEW LIGHT**

JPA's group therapy practice has seen significant growth. Located in our Lincoln Park office, New Light now employs 12 clinicians who provide inperson and telehealth therapy for children, families, and adults. In 2023, in partnership with New Life Church Humboldt Park and Mesirow Financial, we opened our latest Neighborhood Clinic, with plans to open a third location in North Lawndale in 2025. Through collaborations with schools and neighborhood organizations, these clinics create support options for children and families outside of school and expand JPA's offerings beyond child therapy and educator resources to also include support for community groups, parents, and family members of children attending partner schools.

#### **BUILDING THE FIELD**

JPA has a long history of investing in building the field of skilled school-based therapists. This academic year, we welcomed nine clinical interns hailing from esteemed institutions such as the School of the Art Institute of Chicago, Institute for Clinical Social Work, University of Illinois Chicago, Loyola University Chicago, and Northwestern University. These talented individuals embarked on their journey with JPA through a rigorous training, equipping them with the skills needed to address the complex

mental health needs of children and families in our partner schools. Under the leadership of Jillian Howard, MSW, Clinical Internship Program Manager, the interns carry their own caseloads of therapy clients, gaining invaluable hands-on experience while receiving dedicated clinical supervision. Through this program, JPA is not only cultivating the next generation of skilled and compassionate social workers but also fostering a diverse and impactful future workforce.

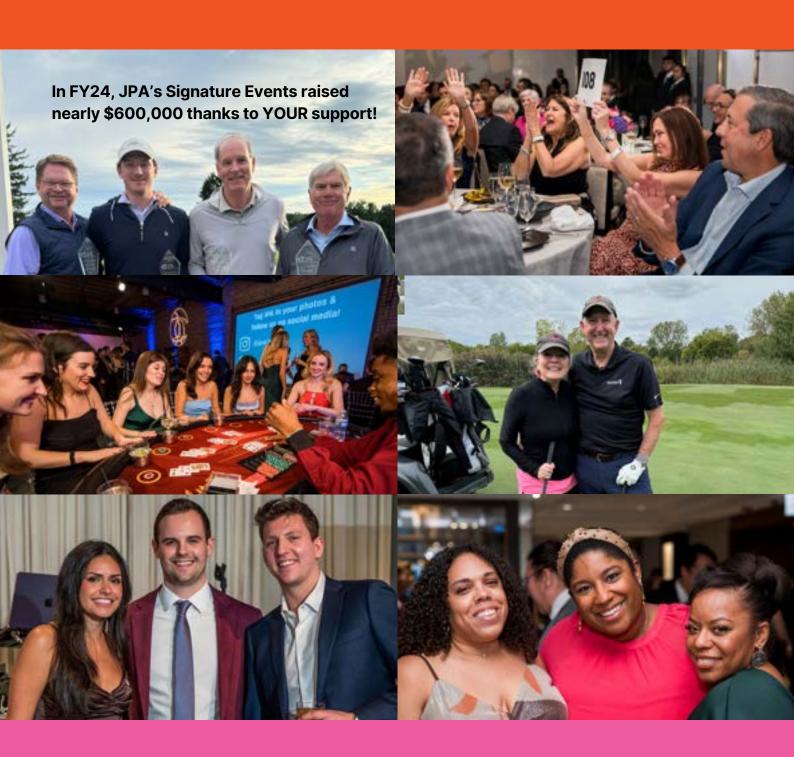
JPA is honored to partner with the State of Illinois Behavioral Health Workforce Center and Cook County's Stronger Together Initiative, each with a focus on making Illinois and Cook County a leader in equitable and accessible mental health care. And this Spring, through the support of the EA Foundation, JPA is excited to participate in a series of presentations to middle and high school students about the field of social work. Sharing our knowledge, data and expertise is one additional way JPA is planning for the future.



Below, back row: Ana, Hafsa, Erin, Ro, Amya, and Maraya. Front row: Ashonte, Jillian (Intern Manager), Olivia, and Emma



### **GATHERING FOR IMPACT**



#### **SAVE THE DATE FOR OUR 2025 EVENTS**

CASINO NIGHT
Saturday, February 1
Venue West

**SPRING BENEFIT**Friday, May 9
Four Seasons Hotel Chicago

GOLF OUTING
Monday, September 22
Royal Melbourne Country Club

### STORIES OF HOPE

#### NBC Chicago

#### Century-old organization works to address mental health crisis in Chicago schools

The Juvenile Protective Association employs 30 staff therapists who work in Chicago schools with critical needs.

By Lauren Petty + Published March 18, 2024 + Updated on March 18, 2024 at 5:11 pm



#### <u>Forbes</u>

#### How To Support Faculty And Staff Who Support Students

Maryboth German Contributor o Maryboth German writes about recorn, philanthropy, HBCUs & faculty.

Follow



No. 25, 2024, D. Stew 157



#### Cook County Health

PRESS RELEASE

## Cook County Health Awards \$44M in Behavioral Health Grants



#### **Education Week**

STUDENT WELL-BEING WHAT THE RESEARCH SAYS

How Teacher Stress Management Is Crucial for Handling Student Mental Health



By Sarah D. Sparks - June 14, 2024 4 min road

#### Fox32 Chicago

### Rising school violence sparks concern: Chicago agency links increase to mental health crisis

Since the beginning of the school year, there have been countless fights, threats and even arrests and it's more than we've seen in recent years. It has left many people wondering what is going on? One agency in Chicago is saying we are witnessing symptoms of America's mental health crisis.



## MEET OUR PARTNERS IN TRANSFORMING THE FUTURE

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# BECAUSE OF YOU, WE'RE MAKING SURE NO CHILD HAS TO STRUGGLE ALONE

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Thank you for your generous support throughout the 2023-2024 school year.

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