

FY23 Impact Report



A Word from JPA's Leadership

Dear Friends:

Last year we wrote that it might take a generation to fully understand the impact of COVID on the children whose lives and schooling were disrupted during the pandemic. This year, we thought it would be interesting to share several key statistics from JPA's annual trauma survey. Below you will see statistics from the height of the pandemic compared to last year when school returned to full-time, in-person learning. While we collected hundreds of pieces of data on students, we focused on four statistics that are traditionally the highest year-in and year-out.

Exposure to Risk Factor	Relative or friend killed or harmed by violence	Criminal behavior in the family	Close relative died of medical problems	Homelessness and/or housing instability
2018-2019	46%	44%	N/A	63%
2020-2021	46%	56%	53%	71%
2021-2022	50%	55%	62%	48%
2022-2023	37%	55%	51%	42%

EXPOSURE TO RISK FACTORS

1)The survey contains information on approximately 320 students; 2) Surveys were completed by JPA's school-based therapists; 3) Surveys were not conducted during the 2019-2020 school year because teachers and therapists were reluctant to make assessments based on limited student information obtained on phone calls and over Zoom; 4) Prior to the pandemic, data on the percentage of children who had a close relative die of medical problems was not collected.

During the pandemic, over half of our young clients lost a close relative to a medical condition, largely COVID; we saw a rise in the percentage of children living in homes with adult criminal behavior; and we saw an increase in the percentage of students who had a relative or close friend killed or harmed by violence, mainly gun violence. Interestingly, the percentage of children impacted by violence last year decreased by 13 points from the prior year and was 9 points lower than it was the year prior to the pandemic. We can only

hope that this trend continues. Almost three-quarters of the children we served found themselves homeless or struggling with housing instability (as in "I know where we are staying tonight but I don't know where I'm staying tomorrow"). While dropping over the last two years, the percentage of kids without stable housing remains tragically high.

What are we to make of these numbers? We can't reduce childhood trauma to four key risk factors but we can see that life was already hard before COVID and it got even harder during the pandemic. To help put these statistics into context, our clinical teams say that the children they are currently treating present more complex problems because the pandemic intensified the problems so many vulnerable children were already experiencing.

What has JPA's response been? As this report will illustrate, JPA has added new school partners, expanding our ability to offer individual therapy to more children. We have grown the number of teachers who benefit from our trauma-informed Connect to Kids program. This consultation program helps educators build more trusting and positive relationships with their students and with their students' families, key factors in helping children learn. We successfully launched the Grandparent Project, a pilot that connects neighborhood women with middle school girls, thereby adding an additional protective layer of support and care for girls who are experiencing losses and challenges. We also reached into the West Humboldt Park community with our partners from the Daniel R. Cameron Elementary School and New Life Church to serve over 150 students in summer and after school programs. In other words, we did more to help more kids.

While we do not know who the children we serve will be when they grow up, we know we need each of them to be their best selves. To each of you, we say a heartful thank you. We are truly grateful for your support and that you are "All in for Kids!" Thank you!

Bob Johnson Chair, Board of Directors

Kana S. Huz

Karen G. Foley President & CEO

Our Team



Leadership

Karen G. Foley, President & CEO

Stephen Budde, PhD, Executive Vice President

Katina Harris, Director of Finance

Susannah Levine, Senior Director of Policy & Community Impact

Alec Ross, Senior Director of Clinical Practices

Dana Snodgrass, Chief Development Officer

Erin Vanden Brook, Associate Director of Clinical Practices



Staff

Alina Ahmed, Staff Therapist Marilyn Barnes, MSW, Staff Therapist Erin Boone, Project Coordinator, Grandparent Project Jenni Bork, Director of Marketing & Events Terri Burke, Business Operations Manager Christy Cashman, Data Analyst & Quality Improvement Specialist Madeline Colbert, Staff Therapist Ronny Fogle, Staff Therapist Paris Freeman, Staff Therapist Kim Garner, Mental Health Consultant Meredith Gettleman, Staff Therapist Ben Gustafson, Staff Therapist Sally Herschman, Director of New Light Daisha Hill, Staff Therapist Jillian Howard, Staff Therapist Allison Jones, Development Manager, Grants Shenicka Jones, Mental Health Consultant Nicole Levonyak, Staff Therapist Geneice Lofton, Mental Health Consultant Marilyn Marshall, Administrative Assistant Shane Rosalez, Accounting Specialist Ellie Schendzielos, Staff Therapist Elizabeth Singler, Staff Therapist Amy Smith, Permanency Planning Coordinator Jori Swartz, Mental Health Consultant Abigail Taylor, Mental Health Consultant Rene Taylor, Staff Therapist Nicole Warren, Development Coordinator

Justyna Wolek, Staff Therapist

jpachicago.org

FY23 By the Numbers

3,500+ # of Individuals

Served

3,000 # of Children

25 # of Schools

FY23 School Partners

Ira F. Aldridge Elementary School Art in Motion (AIM) Charter School Daniel R. Cameron Elementary School George Washington Carver Primary School **CICS** Prairie **CICS West Belden** Robert Nathaniel Dett Elementary School Erie Elementary Charter School Franklin Elementary Fine Arts Center Dorothy Gautreaux Child Development Center Johann W. Von Goethe Elementary School Horace Greeley Elementary School Joseph Kellman Corporate Community **Elementary School** Lawndale Elementary Community Academy Legacy Charter School Lincoln Park High School George Manierre Elementary School Marian Catholic High School Roswell B. Mason Elementary School Sharon Christa McAuliffe Elementary School Cyrus H. McCormick Elementary School Frank W. Reilly Elementary School Rowe-Clark Math & Science Academy Charles Sumner Math & Science Community Academy Daniel Webster Elementary School

Neighborhoods

Altgeld-Riverdale Avondale **Belmont Cragin** Chicago Heights Hermosa Humboldt Park Lakeview Lincoln Park Little Village Logan Square Near West Side North Lawndale Old Town Roseland South Shore West Town

300 # of Educators

250 # of Caregivers

16 # of Neighborhoods

jpachicago.org

C2K Outcomes

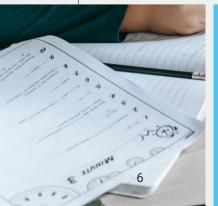
Connect to Kids (C2K)

Connect to Kids, JPA's consultation and coaching program designed by mental health professionals, assists those working in elementary schools develop a deeper understanding of the social-emotional and mental health issues their students face. C2K introduces teachers to the complexities of trauma and its impact on young children and helps them develop practical and caring interventions to more effectively support their students.

C2K Outcomes

86% of teachers reported better student-teacher relationships during the 2022-2023 School Year







97% of teachers reported

of teachers reported that C2K had a positive impact on their classroom environment





86% of teachers reported that C2K reduced jobrelated stress



93% of teachers said that they thought positively about JPA's Classroom Groups



A Word from Our C2K Team...

Q: What made you decide to pursue a career in social work?

A: I met a social worker, named Melanie, while I was in high school and I admired how much she went above and beyond for the families she worked with. She also took a special interest in me and mentored me. To pay homage to her, I decided to devote my studies and life's work to helping others just like her. — Shenicka, JPA Mental Health Consultant



A: Supporting others to develop healthier relationships and find greater coherence in their emotional lives is the most joyful and meaningful work I could imagine. As social workers, we have the immense privilege of holding space for others during both their lowest lows and highest peaks. This work, the people, and their stories humble me every day. — *Abby, JPA Mental Health Consultant*

Q: Why do you believe JPA's services are important?

A: JPA is meeting needs that aren't otherwise directly addressed. We are making an impact, but of course we need more. — *Shenicka, JPA Mental Health Consultant*

A: Providing mental health support to both students and staff in the school environment is the best place to reach those in need. – *Jori, JPA Mental Health Consultant*

Q: In what ways have you seen JPA's services make a positive impact on a classroom or teacher?

A: Teachers that have felt out of place show up with smiles from being able to share their perspectives in our consultation meetings. Teachers that have been unable to see the nuances in situations can now speak to their challenge and shift their mindset to see the situation differently. — *Geneice, JPA Mental Health Consultant*

A: A teacher was highly resistant to C2K at the initial offering. She was quite emotional and defensive at her admin's suggestion to engage with the consultant. She felt it was an attack or judgment on her abilities as a teacher. After one school year with the consultant, she found so much value professionally and personally and was a huge advocate for C2K with other teachers on staff. – *Kim, JPA Mental Health Consultant*

A: Children learn to regulate their emotions largely based on the emotional states of adults who surround them. When those adults feel supported, understood, validated, and regulated themselves, they have a greater capacity to be the steady, responsive presence their students need. – *Abby, JPA Mental Health Consultant*



School-Based Therapy Outcomes

School-Based Therapy

JPA's school-based therapy program provides individual and small-group therapy for children affected by trauma so they can express their emotions in a safe space and find ways to create positive, caring relationships with teachers and peers.



School-Based Therapy Outcomes

58%

of children in individual therapy showed substantial improvement in overall social-emotional functioning 39%

of teachers were supportive of their students participating in therapy with JPA 86%

of parents were supportive of their child's treatment

Social Work Matters

Thanks to the support of the EA Foundation, our therapists have the opportunity to share their experiences as a therapist with the next generation to inspire them to become mental health professionals. In the video to the left. Marilyn, one of JPA's schoolbased therapists, tells the story of who and what influenced her to become a therapist and the importance of accessible mental health care for all young people.

New Light

New Light is JPA's private therapy practice, providing in-person and telehealth therapy for children, families, and adults. Founded in 2017 to extend our expertise beyond the school setting, our clinicians have experience working with children, adolescents, adults, and families with a range of challenges.

Sally Herschman, LCSW, joined JPA as the Director of New Light this summer. Along with Sally, New Light has seven other clinicians who see clients at JPA's offices or virtually.

New Light continues to expand their team of clinicians to provide more therapy services in communities throughout Chicago.

More to come in FY24: Mesirow Child & Family Center at New Life Church Humboldt Park

JPA has partnered with Daniel R. Cameron Elementary School and New Life Community Church Humboldt Park to extend our comprehensive systems approach to help vulnerable children feel and function better by expanding into after school programs and offering services throughout the summer. Therapy and group programming will also be available to the adults in the community. The Center is made

possible through the support of Mesirow and will be open yearround, offering protective benefits to children and families during outof-school time. New Light Clinicians Sally Herschman, LCSW, Director of New Light Marilyn Barnes, MSW Meredith Gettleman, LSW Ingrid Concha Herzig Catherine Lewis Amy Smith, LCSW Stephanie Staszak Amanda Turley, LSW





New at JPA

Building the Field of Social Work

JPA has long invested in its well-respected clinical internship program. The program begins with an intensive two-week training before the interns begin working with their own caseload of students in the schools. Our highly competitive program provides graduate students with ongoing individual and group supervision, weekly reflection, and a model for case presentation.

During the pilot, women from North Lawndale worked with cohorts of middle school girls in two neighborhood schools. The interns started in August and will be working in our North Lawndale partner schools throughout the 2023-2024 school year.



What our Interns have to say....

"I have really liked the community of JPA. I feel supported. I think the training prepared me well and the continued supervision, both individual and group, has been very useful."

"I would definitely recommend to first year students this internship program! I am glad that I am part of it and feel lucky to be surrounded by so many like-minded, caring people."

"The most helpful part of my internship experience thus far has been supervision, both individual and group. I appreciate the way in which supervision is conducted, the reflective aspect of it, and the collaborative supervisory relationships that are present."

Grandparent Project:

In FY23, JPA partnered with the Grandmother Collective in West Africa to bring their Change Through Culture Approach to the United States. Using an intergenerational approach to bring together younger and older generations so that they can support and learn from each other, JPA's Grandparent Project trains community elders who are identified as leaders by their peers, on social-emotional skills, improving their communication with youth, and enhancing their knowledge of adolescence. These Grandparents then hold weekly, in-school sessions for middle schoolers consisting of group discussion and an activity – both of which are structured but unscripted. With time, the students recognize these sessions as a safe space where they can talk, be heard, and express themselves.

During the pilot, women from North Lawndale worked with cohorts of middle school girls in two neighborhood schools. Through song, crafts, activities – and focused listening – the elders supported the socialemotional skills and well-being of students to help them address community issues such as violence, gang activity, bullying, and neglect.

All in for Kids Benefit: A Huge Success!

On May 12, 2023, JPA held our annual Spring Benefit at RPM Events. The evening was filled with an atmosphere of warmth and generosity as over 200 of our esteemed supporters came together



to celebrate JPA's tremendous impact over the past year. Guests enjoyed dinner and dancing as they bid on exclusive silent and live auction packages including a signed Taylor Swift guitar, an exclusive NASCAR weekend experience, a trip to London to watch the Chicago Cubs play, and more!

The event's featured speaker was JPA Staff Therapist, Jillian Howard, who shared an emotional story from her time as a therapist, reiterating the vital need for JPA's services in our communities. The evening raised nearly \$385,000 for JPA's programs!

Save the Date! Join us on Friday, May 3rd at The Langham, Chicago for JPA's 2024 Benefit.

A Special Thank You to Our Benefit Planning Committee:

Melissa Levy, Chair Mary Anne Bobrinskoy Bill Buhr Bob Johnson Debbie Lamm Meredith Manni Meserow Doreen Rogers Steve Sutherland

JPA's All in for Kids Golf Event

On September 28, 2023, we hosted our fall fundraiser at X-Golf in Wrigleyville. Raising over \$10,000 to support our mission,



this event was a testament to the unwavering commitment of our supporters and their creative ways of making a difference. A special thank you to Debbie Lamm and Bill Buhr for their help in planning this unique event!

Save the Date! We are excited to return to Royal Melbourne Country Club on Monday, September 23, 2024, for our traditional All in for Kids Golf Outing.

JPA's Associate Board goes "All in" at Casino Night!

On February 4, 2023, JPA's Associate Board hosted their most successful Casino Night yet! Over 500 friends of JPA came together at Venue West for the annual fundraising event. Guests tried their luck at casino games including Blackjack, Craps, and Roulette while bidding on silent auction items, dancing and enjoying mouth-watering food and drinks from J&L Catering. Led by Casino Night co-chairs, Molly Holden, Sam Selby, and Christian Talbot, the event raised over \$150,000 for JPA's vital mental health programs.

Save the date! Join JPA's Associate Board for their next Casino Night on Saturday, February 3, 2024, at Venue West.

Associate Board Executive Committee

Sam Selby, President Mitchell Talbot, Vice President Shelby Kosanovich, Secretary Grace Glyman, Assistant Secretary Ankit Aggarwal, Treasurer Abby Garske, Assistant Treasurer Tessa Cohen, Marketing Chair Mikey Weinstein, Social Chair Molly Holden, Membership Chair

Associate Board Members

Dee Dee Balogh Luke Bauder Kevin Blaha Madeline Burbach Mark Dykstra Lexi Everson Quinn Gaughan Jenna Grossman Maggie Hockstad Bo Holden Harry Jones Spencer Kaehler Alex Lambert Clayton Lyons* Charlie Mann

Matt Maturski Nathan Meier Nate Morrison Elizabeth Orihuela* Ethan Rhine Griffin Rosuck Ananya Saxena Katie Sadera Dominik Spalinski Luke Sutphin Christian Talbot* Ethan Talbot Vishnoo Vivekananthan Matt Zelensek



*2024 Casino Night Chairs

JPA Junior Board

This past year, the JPA Junior Board successfully carried out a series of volunteer activities, which included organizing their annual Secret Snowflake event benefitting middle school girls involved in our Grandparent Project, organizing two successful restaurant fundraisers, and hosting a spring car wash.

Executive Committee

Jenna Creel, *Co-President* Finn Simonds, *Co-President* Lyndsey Hufton Sophie Meyer Gabby Esteve

Board Members

LouLou Boury Lahey Cahill Lauren Clark Maria Fifita Nick Goebel Ashley Geohas Sophie Goodson Elle Higgins Jettie Hipschen Bryce Hufton Sela Klein Caroline Lloyd-Jones Amalie Macey Campbell Martin Klara Meyer Niklas Meyer Lila Novalline Caroline Ozturk Anna Paracchini Caroline Pilant Jenny Perkins Colin Scheid Aya Seals Meghan Souers Caroline Tzur Miles Whisner Hannah Wilcox Lily Wolfe Duncan White



Board of Directors

Executive Committee

Bob Johnson, *Chair* Jordan Lamm, *Vice Chair* Malcolm S. Kamin, *Treasurer* Mary Anne Bobrinskoy, *Secretary*

Life Director

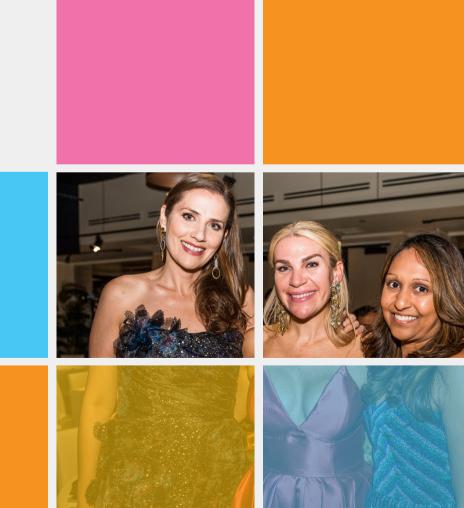
Susan Crown

Honorary Members

Carol S. Hays Josephine B. Minow Mitchell H. Saranow Honorable Juliana Stratton Jurdis D. Walton

Directors

Joo Boe Connie Brohman William J. Buhr Ann Cohn Earl Goldman Bradley J. Holden Joy Johns Nan Kaehler Moyra Knight Debbie Lamm Melissa Levy Gregg Lunceford Meredith Manni Meserow Joshua J. Mintz Robert B. Moore Mark W. Osmond Lalita Prasad-Reddy, PharmD Doreen Rogers Lesley Samuel Dieter A. Schmitz James P. Sherman James H. Stone Steve Sutherland Adam Woullard



Thank You to Our Generous FY23 Supporters

Corporate, Foundation, Trust, and Organization Donors

\$250,000 +

A Better Chicago Illinois Children's Healthcare Foundation

\$150,000-\$249,999 Steans Family Foundation

\$50,000-\$149,999

CME Group Foundation Crown Family Philanthropies EA Foundation Elizabeth Morse Genius Charitable Trust KLA Samaritan Foundation, Inc. Mesirow Polk Bros. Foundation The Reva and David Logan Foundation VNA Foundation

\$25,000-\$49,999

Allstate Anonymous Lloyd A. Fry Foundation

\$10,000-\$24,999

The Albert Pick, Jr. Fund Andrew and Alice Fischer Charitable Trust Anonymous The Blowitz-Ridgeway Foundation The Chaddick Foundation Chicago White Sox Charities The Donley Foundation Dr. Scholl Foundation Franciscan Sisters of Chicago Helen Brach Foundation John D. & Catherine T. MacArthur Foundation Kenilworth Union Church The Siragusa Family Foundation Topfer Family Foundation W.P. & H.B. White Foundation

\$5,000-\$9,999 Avionos Baker & McKenzie LLP BD Dover Foundation Gem Realty Capital LinkedIn Marquette Partners, LP McGraw Foundation Tom Russell Charitable Foundation, Inc. Individual Trustee Designated Grant of the W. Clement & Jessie V. Stone Foundation

\$1,000-\$4,999

American Digital Beam Suntory Catalina Marketing Charitable Foundation Chicago Community Trust George M. Eisenberg Foundation for Charities HISCOX Foundation USA Illinois Tools Works, Inc. JPMorgan Chase Oak Point Partners Salesforce.com, Inc. Weinberg Family Foundation Wight & Company Wintrust Financial Corp.

\$500-\$999

United Way of Metropolitan Chicago Vevo LLC





Thank You to Our Generous FY23 Supporters

Individual Donors

\$100,000+ The Patricia Crown Family Howard & Paula Trienens Fund

\$15,000-\$99,999

Mr. & Mrs. Jon Cohn The Robert H & Terri L. Cohn Family Foundation Mr. & Mrs. David Helfand Mr. & Mrs. Philip Knisely Mr. & Mrs. Peter Rogers

\$5,000-\$14,999

Mr. Ankit Aggarwal The Alexander and Marianna McAfee Fund / Mr. & Mrs. Mark Osmond Mr. & Mrs. Charlie Bobrinskoy Mr. & Mrs. Stephen Boe Ms. Connie Brohman Mr. William Buhr Mr. & Mrs. David Cole The Egerter Family Foundation Mr. & Mrs. Bradley Holden Ms. Amy Hudec Mr. & Mrs. Spencer Kaehler Mr. & Mrs. Malcolm Kamin Mr. & Mrs. Michael MacLean & Moyra Knight Mr. & Mrs. Jordan Lamm Mr. Matt Lamm Mr. & Mrs. Scott Levy Mr. & Mrs. Kevin Meehan Ms. Meredith Manni Meserow Mr. & Mrs. Steve Meyer Mr. & Mrs. Josh Mintz The Robert & Patricia Moore Foundation Mr. & Mrs. Geoffrey Nixon

Mr. Ethan Rhine Mr. & Mrs. Kevin Segerson Ms. Elizabeth Selby Jerome H. Stone Family Foundation Mr. & Mrs. Steven Sutherland

\$1,000-\$4,999

Mr. Zachary Abraham Mr. Jon Abt Alex Demond Fund Mr. Frank Auriemma Mr. Luke Bauder Lloyd A. & Kathryn A. Bettis Giving Fund Mr. Kevin Blaha Ms. Pat Burbach Mr. & Mrs. David Burnett Mr. Adam Callans Mr. & Mrs. Romie Castelli Ms. Christina Cox Mr. Samuel Crawford Mr. Robert Daniels Mr. & Mrs. David Deem Ms. Patricia Doherty Mr. & Mrs. Anton Dy Buncio Ms. Jane Gately Mr. Gregory Glyman Mr. Earl Goldman Mr. Jeff Grossman Ms. Mary Kay Haben Harmann Family - John and Laila Fund Mr. & Mrs. Bo Holden Ms. Sarah Holden Mr. Bob Herber Mr. & Mrs. Steve Ignelzi **Jarvis Foundation** Mr. & Mrs. Michael Johlie Mr. & Mrs. Robert Johnson & Sarah Rodak-Johnson Ms. Amy Kartheiser

Mr. Ronald Kelner Mr. & Mrs. Pete Korzynski Ms. Jamie Kovatchis Mr. Harry Kraemer Mr. & Mrs. Ryan Levy Mr. & Mrs. Gregg Lunceford Mr. Clayton Lyons S & 7 Malkin Ira & Janina Marks Charitable Trust Mr. & Mrs. Tom Mihelic Mr. & Mrs. Dan Neiweem Mr. Jack O'Brien Mr. Arthur Pearson Mr. & Mrs. Brian Potter Mr. & Mrs. Sandeep Reddy Mr. & Mrs. Bryan Robinson The Sampson Family Charitable Fund Mr. & Mrs. Allen Samuel Mr. Joseph Santello, Jr. Mr. Samuel Selby Mr. & Mrs. Paul Siewert Mr. & Mrs. Jason Sikkenga Mr. Tom Sitz Ms. Donna Spivey Mr. John Svoboda Mr. Ryan Walsh Mr. & Mrs. Wesley Walton Mr. Jeff Wescott Ms. Yara Zolotukhina

\$500-\$999

Mr. & Mrs. David Allen Mr. John Athans Mr. David Baroni Mr. & Mrs. Christopher Bauder Ms. Shivani Bhagat Drs. Stephen Budde & Patricia Walker Mr. Brian Clark Ms. Tessa Cohen

continued...

Mr. Kevin Cohn Mr. & Mrs. Brad Creel Mr. & Mrs. Eric Eckerman & Jillian Eckerman DelSignore Mr. Mark Essex Mr. Dan Flanagan Mrs. Karen G. Foley Ms. Kathleen Gleason Ms. Alexa Groesser Mr. Joseph Andrew Hays Mr. Jake Herman Ms. Jenna Hess Mr. & Mrs. Matthew Hohman Ms. Molly Holden Ms. Katherine House Ms. Erika Jackson Mr. & Mrs. James Johnson Ms. Shelby Kosanovich Mr. Adam LaVitola Ms. Maura Ann McBreen Mr. Nathan Meier Mr. & Mrs. Paul Metzen Mr. Steve Milenkov Ms. Natalie Moag Mr. Johnathan Northington Mr. & Mrs. Norman Olsen Mr. Chris Pappas Mr. David Pequet Mr. & Mrs. Kevin Romack Mr. Stephen Santay Mr. & Mrs. Jim Sherman Mr. Dan Short Mr. & Mrs. Alan B. Singer Mr. & Mrs. Stephen Snodgrass Ms. Mary Beth Strawn Mr. & Mrs. Jed Strong Mr. & Mrs. Mitchell Talbot Ms. Peggy Talbot Ms. Stephanie Taylor Mr. Vishnoo Vivekanthanan Mr. & Mrs. Richard Waris Mr. Mike Weinstein Mr. Adam Woullard Mr. & Mrs. Matt Zelensek





Mission

Founded in 1901 by Jane Addams, JPA's mission is to improve the social and emotional well-being and functioning of vulnerable children so they can reach their fullest potential at home, in school and in our communities.



1707 N Halsted Chicago, IL 60614

jpachicago.org

- (O) @jpachicago
- Juvenile Protective Association
- (in) <u>LinkedIn</u>