



FY22 YEAR IN REVIEW

A Few Words

There is a mental health crisis among American youth. As one principal recently told us, “schools have become trauma centers and we don’t know how to respond to meet the needs of every child. And today, every child needs more support.”

It will take many more years to understand the full impact of the pandemic on children’s academic and social-emotional development. What we do know is that the pandemic exacerbated the many challenges vulnerable children face at home, in their neighborhoods, and at school.

As this FY22 Annual Report depicts, the mental health services and programs offered by JPA are having a positive impact, enabling children on the west and south sides of Chicago to feel and function better as they work towards their education —and towards a better future for themselves and our entire community.

We also know that there are talented children in every school. The only question is whether that talent has an opportunity to thrive.

We want to thank the JPA Board of Directors, the JPA staff and many volunteers, our school partners and families, and especially you, the generous donors who enable our work. As you read this report, we hope you will be encouraged by the positive outcomes produced by your investments..



Bob Johnson
Chair, Board of Directors



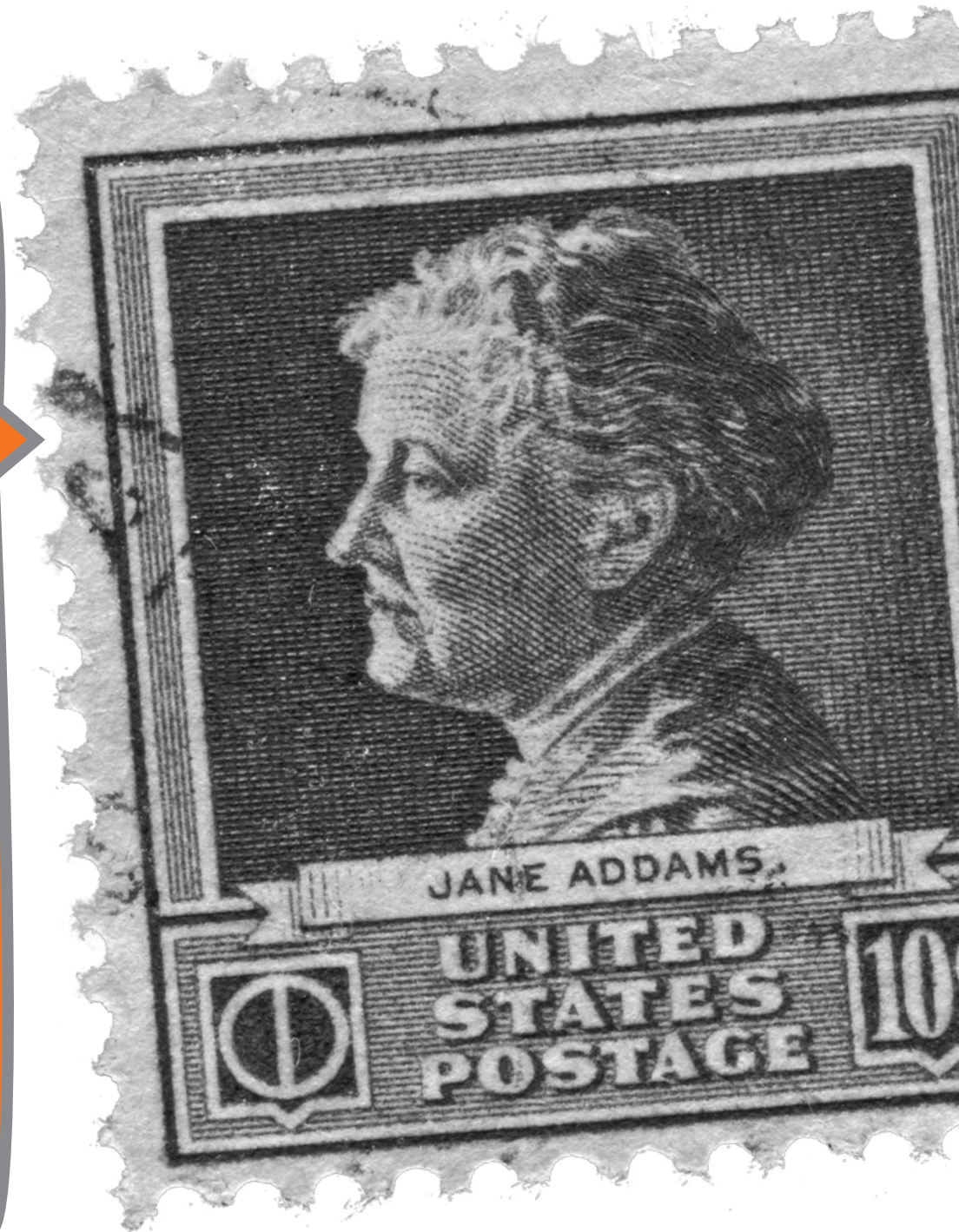
Karen G. Foley
President & CEO

“Schools have become trauma centers and WE DON’T KNOW HOW TO RESPOND to meet the needs of every child. And TODAY, EVERY CHILD NEEDS MORE SUPPORT.”

— *Principal*

Our Mission

FOUNDED IN 1901
by Jane Addams,
JPA's mission is to
improve the social
and emotional well-being
and FUNCTIONING
OF VULNERABLE
children so they can fulfill
their potential at home,
IN SCHOOL, AND IN
OUR COMMUNITY.



The JPA Team

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Karen Foley, President & CEO
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Ben Gustafson, Staff Therapist
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Rene Taylor, Staff Therapist
Erin Vanden Brook, Associate Dir. of Clinical Practices
Selma Walker, Sr. Director of HR & Operations
Justyna Wolek, Staff Therapist
Suzanne Wychocki, Director, New Light





I think that every single teacher should have a C2K CONSULTANT IN THEIR LIFE! She has made one of the toughest years I've ever had, manageable. My homeroom is one of the most challenging classes in the school, and I was not prepared — but working with a person not from the school who HAS ON A FRESH PAIR OF “GLASSES” helped me approach things from a different angle. That angle has been working.

— 5th Grade Teacher

Our Services

CONNECT 2 KIDS (C2K)

Trauma-Informed Teacher Consultation that pairs individual teachers with a mental health specialist to help teachers gain insights into the underlying causes of students' disruptive behaviors and to develop trauma-informed approaches.

PARENT SUPPORT

Extensive guidance and therapy for parents with children in treatment is provided throughout the school year and beyond.

BUILDING THE FIELD OF SOCIAL WORK

JPA invests in a highly regarded clinical internship program for graduate-level social workers, with a focus on bringing more social workers of color into the field.



PROFESSIONAL DEVELOPMENT

Responsive, customized professional development for those working in schools (principals, teachers, school administration and staff), including sessions on self-care, trauma and restorative justice circles.

SCHOOL-BASED INDIVIDUAL AND SMALL GROUP THERAPY

JPA therapists see students affected by trauma and toxic stress in their schools, for easy accessibility to treatment. JPA's school-based services consistently see an 89% attendance rate —compared to the less than 15% nationally who receive services and complete treatment.

MESIROW CHILD AND FAMILY RESOURCE CENTER

JPA partnered with Children's Place Association, Rush Medical Center, and West Humboldt Park Development Council to create a safe place where families can access trauma-focused mental health therapy, primary care, youth mentoring and community-sponsored activities.

NEW in FY22

JPA altered our standard offerings due to the increased and evolving demands for our services as a result of the pandemic.



SUMMER SERVICES

While our program runs during the school year, many children want to continue to see their therapist over the summer. One of our therapists continued to care for most of her caseload last summer. The one stipulation was that the children had to be enrolled in their school's summer program — a combination of academics and summer camp. The students agreed to participate. This ensured ongoing, consistent mental health support; continued learning — eliminating the “summer melt”; and helped keep the kids off the streets during a time when crime is at an all-time high in the city.

HIGH SCHOOL SUPPORT

For the first time, JPA began to provide individual therapy to students in three high schools. In addition, JPA therapists have also begun offering front-line guidance to students and faculty who need immediate access to a therapist in the form of Drop-In and Crisis Counseling Sessions.



GROUP C2K

C2K Group Consultation began in response to teachers who have participated in traditional C2K in the past and have benefited from the learnings of the program, but still want to be able to discuss specific concerns with a C2K Consultant. These teachers periodically meet with a C2K Consultant as a group to discuss issues that are affecting their classrooms, individual students and their school as a whole.

FY22 Therapy Impact



— **94%** of teachers reported that JPA had a positive impact on their school's environment

— **78%** of children receiving JPA therapy saw positive improvements in their mood

— **94%** of teachers reported that their interactions with students who received JPA's individual counseling improved

C2K Impact on Teachers

89% reported C2K had a positive impact on classroom environment

89% indicated C2K helped them better understand/respond to students' challenging behaviors

84% indicated C2K helped them better understand the social/emotional needs of students

82% indicated their relationships with students discussed in consultation improved

95% reported feeling listened to and supported during C2K consultation

A Word from Our School Partners

Q: Why do you believe JPA's services are important?



Principal Catherine Martin
Sumner Math & Science Community Academy

A: I believe JPA services are important because they address the mental health needs of both students and staff. This supports the vision of Aldridge and establishes our "Safety Nest" for all stakeholders to learn and grow.

– PRIN Agyeman-Badu

A: Through our partnership with JPA, we are truly able to ensure that we not only meet our students and families where they are in terms of social-emotional needs, but also ensure that we are supporting them along their social-emotional journey as we work to support their child to thrive at a level which supports their ability to engage in and excel at their academics.

– PRIN Martin



Principal Afua Agyeman-Badu
Aldridge Elementary



Principal Steve Tortorello
Marian Catholic

Q: Describe your relationship with JPA.

A: JPA and Carver work well together. There is mutual respect and a strong desire to support students and staff members through their trauma. Talking through the trauma with JPA has been beneficial to both students and staff members at Carver Elementary.

– PRIN DeLoach

Q: How have JPA's services had a positive impact on your school?

A: JPA's services have allowed us to directly serve many students who need guidance and to alleviate the workload of our in-house social worker. JPA has also provided counseling services to our staff, who have been in great need of tending to their own social and emotional needs so that they can better serve the students.

– PRIN Tortorello



Principal Venus DeLoach
Carver Elementary

Addressing the Need

In December 2021, the Surgeon General issued an advisory highlighting the urgent need to address the youth mental health crisis as a result of the unprecedented negative impacts of COVID-19.

Those identified by the Surgeon General as having a higher risk of mental health challenges during the pandemic – racial and ethnic minority youth, low-income youth, and youth in special populations (homeless and those involved in the juvenile justice and/or child welfare systems) – are the same populations served by JPA.

JPA's programs are perfectly aligned with the Surgeon General's recommendations for improving youth mental health. Through the support and generosity of our partners, JPA was able to expand to offer high-quality mental health care to even more of the children, caregivers and educators who needed us most.



Our Clients

98% are children of color

55% have a relative or close friend killed or harmed by violence

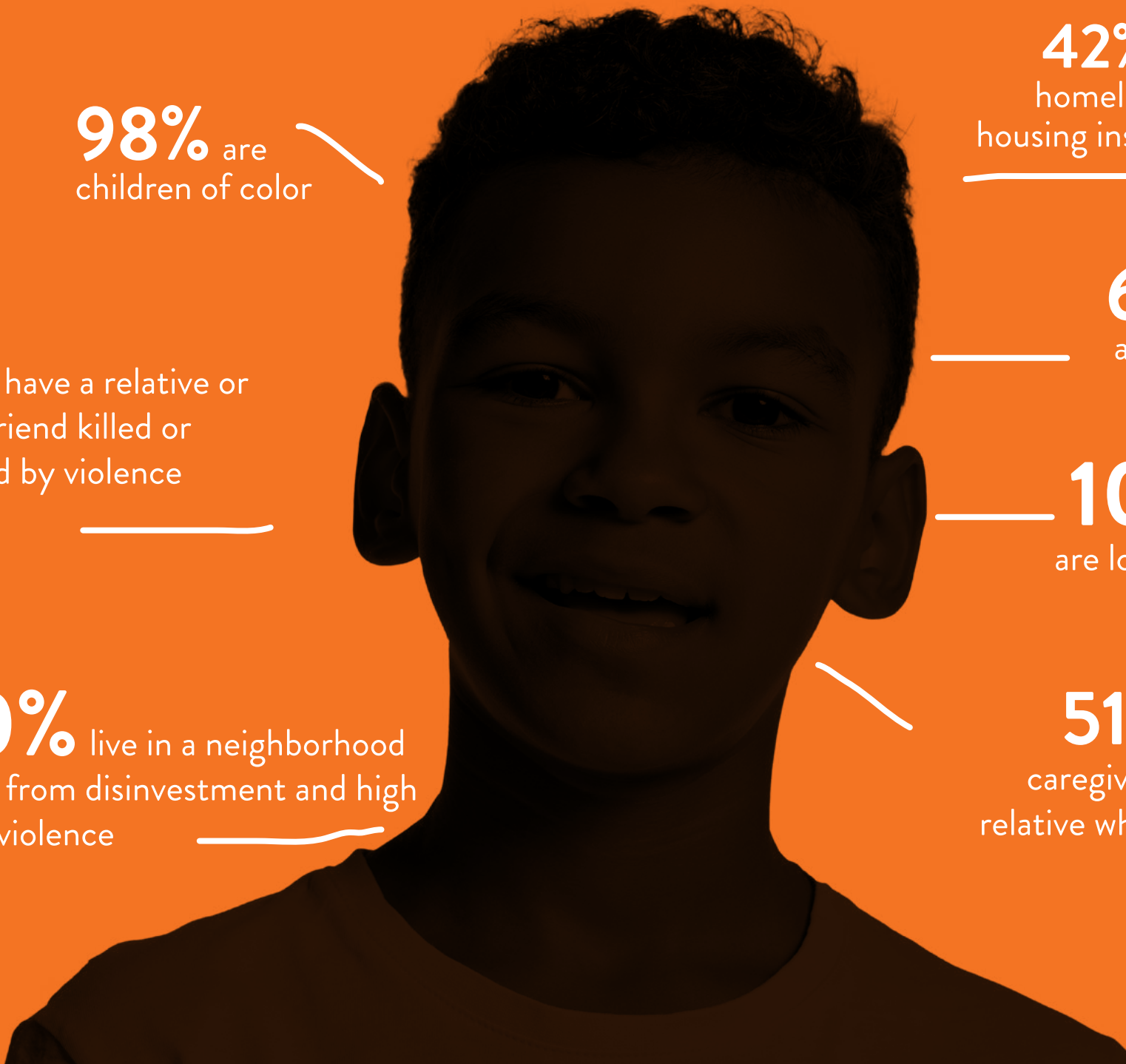
100% live in a neighborhood suffering from disinvestment and high levels of violence

42% are homeless or housing instable

65% are boys

100% are low-income

51% have a caregiver or close relative who has died



Our Growth

21

22

23*



Individuals Served

1,750

2,100

4,200



Children

1,250

1,700

3,250



Schools

16

18

24-28



Caregivers

150

250

300



Neighborhoods

7

9

14

* Expected

The work JPA does
makes a **TANGIBLE
DIFFERENCE** in the
quality of life for my
students who receive
services. **THANK YOU
SO MUCH!**

– *7th Grade Teacher*



Our School Partners

Art in Motion (AIM) Charter School

Centers for New Horizons

Charles Sumner Math & Science Community Academy

CICS Lloyd Bond

CICS Prairie

CICS West Belden

Daniel R. Cameron Elementary School

Daniel Webster Elementary School

Dorothy Gautreaux Child Development Center

George Washington Carver Primary School

Horace Greeley Elementary School

Ira F Aldridge Elementary School

Joseph Kellman Corporate Community ES

Lawndale Elementary Community Academy

Legacy Charter School

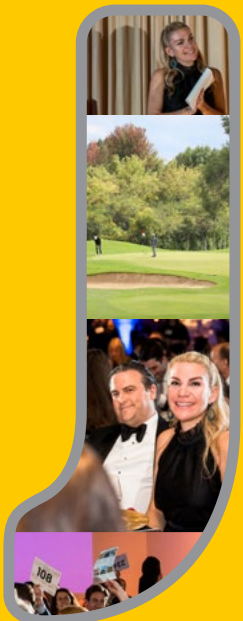
Lincoln Park High School

Marian Catholic High School

Rowe-Clark Math & Science Academy



JPA FY22 EVENTS



All In for Kids Spring Benefit

On May 6, 2022, JPA held our annual Spring Benefit in person for the first time in two years!

Over 220 JPA supporters joined us at Venue West for an exciting evening filled with food and drinks, a silent and live auction, dancing, and more.

This year's featured speaker was Natasha Jones, Principal of Lawndale Academy, who had a chance to share her impactful story on her background in education and her relationship with JPA. The evening raised over \$385,000 for JPA's Programs. We are looking forward to next year's event at a new venue – RPM Events on May 12, 2023.

A SPECIAL THANK YOU TO OUR BENEFIT COMMITTEE:

Melissa Levy, Chair

Mary Anne Bobrinskoy

Bill Buhr

Bob Johnson

Debbie Lamm

Meredith Manni Meserow

Kathy Pirogova

Doreen Rogers

Steve Sutherland



All In for Kids Golf Outing

On September 26, 2022, JPA held our second annual All in For Kids Golf Outing at Royal Melbourne Country Club in Long Grove, IL. The day was filled with golf, food, drinks, and exciting contests and prizes. The event raised \$20,000 for JPA's programs.

A SPECIAL THANK YOU TO OUR GOLF PLANNING COMMITTEE:

Debbie Lamm, Co-Chair
Bill Buhr, Co-Chair
Mary Anne Bobrinsky
Mark Osmond
Kathy Pirogova



JPA Associate Board

On February 5, 2022, JPA's Associate Board hosted another successful **Casino Night** at Venue West.

More than 300 JPA supporters attended the event and enjoyed an evening of casino games including Craps, Blackjack, a silent auction, food, drinks, and dancing. The event raised over \$110,000 for JPA's programs. Next year's event is scheduled for February 4, 2023, at Venue West.

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* Casino Night Co-Chairs



JPA Junior Board

JPA's Junior Board completed several volunteer initiatives including the Holiday Secret Snowflake benefitting the Mesirow Child Thrive Center, packaging and donating museum science kits, and volunteering at JPA's Annual Spring Benefit.

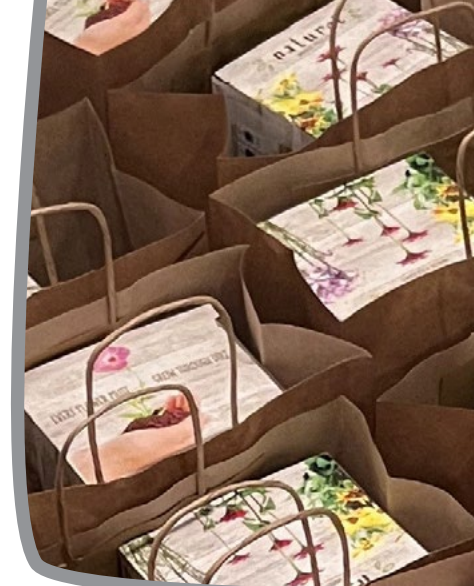
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THANK
YOU!

I appreciated speaking with a professional who was outside of my network. I appreciated having someone see things and explain ideas that I typically do not realize. I APPRECIATE THE TIME set aside to discuss all the things in a way that makes sense to me (the consultant made the sessions accessible and INDIVIDUALIZED FOR ME).

— *6th Grade Teacher*



Thank You to Our Generous FY22 Supporters

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\$250,000 +

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Steans Family Foundation

\$150,000-\$249,999

Invest for Kids

\$50,000-\$149,999

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\$10,000-\$24,999

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