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Here are some resources for anyone concerned about suicidal thoughts, friends in trouble, or related issues.

Resources for Suicide Prevention

September is National Suicide Prevention Month. The National Runaway Safeline (1-800-RUNAWAY), dedicated to keeping runaway, homeless, and at-risk kids safe and off the streets, has put together an informative brief about reasons that cause youth to think about engaging in self-harm and steps for suicide prevention. Learn about important suicide prevention resources here. For immediate help, the National Suicide Prevention Lifeline is available 24/7 for free at 1-800-273-3255 (TALK).

Adults are often not aware of children's suicidal intentions. That's a finding from the Longitudinal Studies on Child Abuse and Neglect (LONGSCAN)--for which JPA was one of the national research sites. The study found that there was low agreement between 8 year olds' reports of suicidality and their caregivers and teachers' reports of those children's suicidality. Although it's rare for young children with suicidal ideation to follow through and commit suicide, these findings underscore the importance of early detection in young children in order to provide them with the resources they need. You can read the findings from the study here; Richard Thompson, JPA's Senior Research Consultant, was the lead author of the paper. [JPA](#)

National Suicide Prevention Week this year was September 10-16, 2017, but we need to be aware every day. If you feel, even for a moment, that someone is at immediate risk of self-harm or harming another person, immediately call 911 or your local emergency contact. Stay with the person at risk until help arrives and remove any guns, knives, medications or other things you think may cause them harm.

If you believe someone you know may be considering suicide, get help from a suicide prevention or crisis hotline. You are encouraged to call the National Suicide Prevention hotline. Their phone number is 1-800-273-8255. They are available 24/7, 7 days a week.

Parents and children can also call the National Runaway Safeline, a 24/7/365 resource, for information about organizations and services in their area that can assist teens in crisis. Their number is 1-800-RUNAWAY.