

SOCIAL EMOTIONAL DEVELOPMENT

Effective, pragmatic, caring interventions to help improve the social and emotional well-being and functioning of vulnerable



JPA nurtures the healthy development of vulnerable children from Kindergarten to 8th grade.

JPA specializes in a therapy model that involves harnessing children's natural drive to learn, to succeed and to engage in positive relationships, while working to transform psychological barriers due to trauma and toxic stress.

Working closely school personnel and families JPA helps address those behaviors that may be interfering with the activities of the classroom and with those children whose learning is impeded by trauma and toxic stress.

JPA Services Include

- Individual Therapy – JPA works with children for a full academic year and sometimes longer in school-based and community center settings.

- Small Group Therapy - JPA also offers small group therapy based on the needs of children. Past groups have focused on a range of topics including grief, loss, death, self-harm, low self-

esteem, and anger management.

- Classroom Groups – JPA provides classroom groups ranging from 4 to 12 weeks, aimed at helping classrooms with topics such as community building, healthy friendships, improving listening skills, and reducing test anxiety for children in grades Kindergarten through 8th grade.

Small and classroom groups can be customized.
For more information on these services, please contact Selma Walker,
Director of School Programs, at swalker@jpachicago.org